

**Virginia Beach City Public Schools**  
**Department of Administrative Support Services**  
**Food Service Office**  
**BREAKFAST IN THE CLASS ROOM 2009-NOVEMBER**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  Fastbreak Breakfast Kit (cereal, graham crackers) Juice Milk	3  STAFF DAY  No school for students	4  Chicken Biscuit Juice Milk	5  Mini Pancakes Juice Milk	6  Superpretzel Juice Milk
9  Pancake on a Stick Juice Milk	10  Cheese Omelet and Muffin Juice Milk	11  Veteran's Day-No School  Thanks' for all you do.	12  Fastbreak Breakfast Kit (cereal, graham crackers) Juice Milk	13  Waffles Juice Milk
16  Yogurt and Muffin Juice Milk	17  Sausage Biscuit Juice Milk	18  Chicken Biscuit Juice Milk	19  Mini Pancakes Juice Milk	20  Fastbreak Breakfast Kit (cereal, graham crackers) Juice Milk
23  Superpretzel Juice Milk	24  Cereal and Poptart Juice Milk	25  THANKGIVING	HOLIDAY! ENJOY	FAMILY AND FRIENDS.
30  Fastbreak Breakfast Kit (cereal, graham crackers) Juice Milk				

MENU IS SUBJECT TO CHANGE IF ITEMS BECOME UNAVAILABLE